Anaphylaxis Emergency Plan:					
This person has a poten	tially life-threatening allergy ((anaphylaxis) to:			
	(Check the appropriate	(Check the appropriate boxes.)			
	☐ Food(s):				
	☐ Insect stings				
	=	Other:			
	Epinephrine Auto-I Dosage:	njector: Expiry Date:	/		
	=	ng □EpiPen® 0.30 mg			
	Location of Auto-In	njector(s):			
	\square Previous anaphy	ylactic reaction: Person	is at greater risk.		
			erson is having a reaction before asthma medicat		
A person having an ana	phylactic reaction might have	ANY of these signs and	symptoms:		
 Respiratory system (I voice, nasal congestice) Gastrointestinal system (I cardiovascular system) Cardiovascular system (I cardiovascular system) Other: anxiety, sensember Early respectively. The first significant cardiovascular system (I cardiovascular system) 	welling (face, lips, tongue), itch preathing): coughing, wheezing on or hay fever-like symptoms (rem (stomach): nausea, pain or m (heart): paler than normal skew of doom (the feeling that somethe ecognition of symptoms and ms of a reaction can be mild, be o-injector (e.g. EpiPen®) at the	g, shortness of breath, chrunny, itchy nose and wa cramps, vomiting, diarrhain colour/blue colour, we hing bad is about to hap d immediate treatment	ntery eyes, sneezing), tromea eak pulse, passing out, of pen), headache, uterine ant could save a perso forse very quickly.	ouble swallowing dizziness or cramps, metallic taste n's life.	
 Call 9-1-1 or local en Give a second dose of 	nergency medical services. Tell in f epinephrine as early as 5 mir spital immediately (ideally by a	nutes after the first dose	if there is no improvement	ent in symptoms.	
could worsen or come	e back, even after proper treatmency department physician (ger	ent. Stay in the hospital	for an appropriate perio	• •	
	act person (e.g. parent, guardi	an).			
Emergency Contact Info		LL DI	W 1 B	0 II DI	
Name	Relationship	Home Phone	Work Phone	Cell Phone	
•	I patient, parent, or guardian authoriz anaphylactic reaction, as described a		•	•	
Patient/Parent/Guardian Signature	gnature Date	Physic	cian Signature	Date	













Blue to the sky. Orange to the thigh.

How to use EpiPen® and EpiPen® Jr (epinephrine) Auto-injectors.

Remove the EpiPen® Auto-Injector from the carrier tube and follow these 2 simple steps:



- Hold firmly with orange tip pointing downward.
- Remove blue safety cap by pulling straight up.
 Do not bend or twist.



- Swing and push orange tip firmly into mid-outer thigh until you hear a 'click'.
- Hold on thigh for several seconds.



Built-in needle protection

 After injection, the orange cover automatically extends to ensure the needle is never exposed.



After using EpiPen®, you must seek immediate medical attention or go to the emergency room. For the next 48 hours, you must stay close to a healthcare facility or be able to call 911.

For more information visit the consumer site EpiPen.ca.

EpiPen® and EpiPen® Jr (epinephrine) Auto-Injectors are indicated for the emergency treatment of anaphylactic reactions in patients who are determined to be at increased risk for anaphylaxis, including individuals with a history of anaphylactic reactions. Selection of the appropriate dosage strength is determined according to patient body weight.

EpiPen® and EpiPen® Jr Auto-Injectors are designed as emergency supportive therapy only. They are not a replacement for subsequent medical or hospital care. After administration, patients should seek medical attention immediately or go to the emergency room. For the next 48 hours, patients must stay within close proximity to a healthcare facility or where they can call 911. To ensure this product is right for you, always read and follow the label. Please consult the Consumer Information leaflet in your product package for complete dosage and administration instructions.





