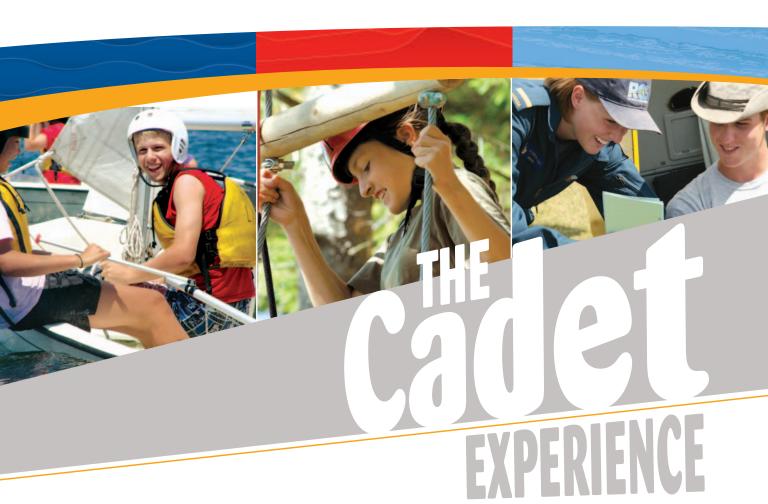


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Introduction

WELCOME TO THE CADET PROGRAM

What if you were told that there was a dynamic, structured youth program that offered Canadian youth a variety of interesting and challenging activities?

What if you were told that this same program developed in youth an increased level of self-confidence, self-esteem and self-awareness?

Cadets are motivated to improve their physical fitness, to work harder at their academic studies and to give back to their communities through volunteerism.

The Cadet Program also has a direct impact on Canadian society as a whole. There is definite value in having well-rounded, community-minded, experienced young people who are ready to assume their places as tomorrow's leaders and decision-makers.



Give the youth in your life the edge they need to succeed. Visit www.cadets.ca

WHAT'S INSIDE?

Welcome to the Cadet Program2
Cadet History6
Mission and Vision8-9
Common Programs10
Sea Cadets12
Army Cadets14
Air Cadets16
Summer Training18

Pride & Pageantry	20
The Rewards	21
Cadet Instructors Cadre	22
Cadet Alumni	23
Testimonials	24
Our Partners	25
Map	26



Overview

WHAT IS THE CADET PROGRAM?

The Cadet Program is the largest federally-sponsored youth program in Canada that includes the Royal Canadian Sea, Army and Air Cadets. It is a national program for young Canadians aged 12 to 18 who are interested in participating in a variety of fun, challenging and rewarding activities while learning about the sea, army and air activities of the Canadian Forces.

Cadets are encouraged to become active, responsible members of their communities.

They make valuable contributions to Canadian society on a daily basis in terms of environmental, citizenship and community activities.

Cadets also learn valuable life and work skills such as teamwork, leadership and citizenship.

Cadets are not members of the Canadian Forces, nor are they expected to join the military. Cadets is a great way for youth to learn more about Canada, make new friends and develop life skills that will enable them to succeed no matter what career they choose.

CADETS TODAY

"Many people think of Cadets as preparation for a career in the military, but it is really about preparing for life; about developing skills, the qualities and the confidence that will allow these young people to prosper and contribute to the Canada of tomorrow."

- Senator Art Eggleton, former Minister of National Defence

What do we do?

Cadets choose to join either the Sea, Army or Air Cadet Program. Sea Cadets learn seamanship skills and how to sail. Army Cadets focus on adventure training activities such as outdoor activities and international expeditions. Air Cadets learn the principles of aviation, with some learning to become glider pilots, pilots of engine-propelled aircraft or both.

WHAT ELSE DO I NEED TO KNOW?

VIABLE ALTERNATIVE – The Cadet Program is funded by the Department of National Defence in partnership with the civilian Navy League, Army Cadet League and Air Cadet League of Canada. The civilian sponsor requires local community support to meet its obligations that include accommodations, training aids and equipment and program enhancements not otherwise provided. Parents and cadets are expected to participate in and contribute to fund raising as required by the League's local sponsoring element.

DIVERSITY – The Cadet Program is open to all Canadians from the ages of 12 to 18 regardless of income, race, religion, culture or other socioeconomic factors. The Program embraces Canada's multiculturalism and offers young Canadians opportunities to interact with youth from other cultures.

TEACHING VALUES – The Cadet Program emphasizes key values such as loyalty, professionalism, mutual respect and integrity. Cadets also learn about fair play, teamwork and tolerance through all of their activities.

STAYING IN SCHOOL – Cadets are motivated to work hard at school in order to qualify for international exchanges and other rewards. They are taught related skills such as effective speaking and instructional techniques which lend to an increased level of success in school.

ADVANCED TRAINING - Cadets who attend courses at summer training centres receive a training allocation. Many senior cadets can participate in advanced training opportunities full-time during the summer as instructors or support staff.

VISITS AND EXCHANGES - Cadets meet other young adults from across Canada and from foreign countries while participating in annual national and international exchanges.

FUTURE LEADERS – Former Cadets have found success in a variety of fields and have given back to Canada and the world. Cadet Alumni include astronauts Marc Garneau and Chris Hadfield, Major Maryse Carmichael (first female Snowbirds pilot), Senator Terry M. Mercer, (Certified Funding Raising Executive), George Canyon (Country Music Artist) and Miss Afshin-Jam Nazanin (Miss World Canada 2003 and Miss World 1st runner up).









Who are we?

CADETS

• More than 50,000 young men and women in approximately 1160 corps and squadrons across Canada.

CADET INSTRUCTORS

• Over 7, 800 officers in the Cadet Instructors Cadre (CIC), which is a sub-component of the Canadian Forces Reserve.

OTHER SUPPORTERS

• Thousands of current and retired members of Canada's Regular and Reserve Forces assist with cadet activities.

CADET LEAGUES

• Thousands of civilian members of the Navy League of Canada, Army Cadet League of Canada and Air Cadet League of Canada.

CIVILIAN INSTRUCTORS

• Close to 2,000 specialist adult leaders.

LOCAL SPONSORS AND PARENT COMMITTEES

• Thousands of other volunteers from the community level.

200,000 strong!

Cadet History

Since the late 1800's the Canadian Cadet Program has offered valuable training to young Canadians free of charge. Army Cadets first came into existence in the late 1800's as part of a young militia school program with the mandate of training boys over the age of 12 in military skills and drill. During the First World War, the Army Cadet Organization thrived, with more than 64,000 cadets enrolled, thousands of whom volunteered to serve Canada overseas. Interest in Army Cadets ebbed between the two wars only to be significantly revived during the Second World War as Canadians looked to their youth to serve their country.





FIVE THINGS TO REMEMBER ABOUT CADETS

- Cadets are proud Canadians and proud citizens.
- Cadets are healthy in mind and body.
- Cadets contribute to Canada's future.
- Cadets seek and appreciate healthy discipline.
- Cadets represent Canada in a positive light.

"...The time may come when we can do without armies, but it is not thought that the time will ever come when we shall be able to do without the military virtues of courage, loyalty, qualities of leadership, and the spirit of sacrifice and fair play. Those qualities are best taught through experience of discipline, cooperation, and the habit of obedience, all of which are taught to cadets."

- from a Provisional School lecture for qualifying Cadet Instructors, Ottawa, 1933



The Cadet Program Story

Around the same time, both the Navy and the Air Force took an interest in developing Canada's young men along traditional military lines. In 1917, the Navy League of Canada established the Boy's Naval Brigade to encourage young men towards a seafaring career and to provide basic training in citizenship and seamanship. In 1941, the Air Cadet League of Canada was officially incorporated as a voluntary organization with the mandate of working in partnership with the Royal Canadian Air Force to sponsor young men as future aircrew

In the 1960's, the Canadian Forces underwent a complete reorganization resulting in the unification of its Navy, Army and Air Force. At this time a Directorate of Cadets was established in Ottawa to set policy and to coordinate the activities of the Sea, Army and Air Cadets. The focus of the Cadet Program changed from training future CF members to developing community leaders and good citizens.

By the 1970's, administration of the Canadian Cadet Program became standardized across Canada. Other changes occurred around this same time. The Army Cadet League of Canada was officially formed in 1971 to work with the Canadian Forces and the Department of National Defence in support of Army Cadets. That same year the Cadet Instructors List (now the Cadet Instructors Cadre) was formed. The first female cadets were introduced to the program in 1975.

Today, the Cadet Program continues to evolve and adapt to meet the expectations of our changing society. With its emphasis on leadership, physical fitness and citizenship, the Canadian Cadet Program helps young Canadians to become active and engaged members of their communities today and prepares them to become the leaders of tomorrow.

Visit www.cadets.ca for an historical account of the Sea, Army and Air Cadet programs.



MISSION

The mission of the Cadet Program is to contribute to the development and preparation of youth for the transition to adulthood, enabling them to meet the challenges of modern society, through a dynamic, community-based program.



VISION

A relevant, credible and proactive youth development organization, offering the program of choice for Canada's youth, preparing them to become the leaders of tomorrow through a set of fun, challenging, well-organized and safe activities.



Common Programs

Cadets meet, on average, once a week during the school year to participate in a variety of common training courses in addition to training that is specific to Sea, Army or Air Cadets.

The common programs include leadership, physical fitness, biathlon, marksmanship, music and positive social relations for youth. Cadets are encouraged to incorporate the principles of leadership and citizenship when participating in these common program courses. Throughout their training cadets are taught the value of teamwork.

LEADERSHIP

The Cadet Program teaches youth how to be fair and responsible leaders. Cadets learn how to take responsibility for their actions and how to motivate their peers to follow their example. By the time cadet's graduate from the program, they will have held positions of responsibility and will have learned important life-long lessons about leadership.

The lessons in leadership that youth learn in Cadets are valuable in all aspects of their lives. Taking care of their uniform, ironing their tunics and properly polishing their boots teaches cadets to place value on who they are. Cadets learn that when they look good, they feel good about themselves giving them more of an edge they need to lead and succeed. By demonstrating leadership at its simplest level, by showing a good example, cadets have the opportunity to develop younger cadets who are, in turn, learning to take responsibility and be more accountable. By setting a good example, cadets not only gain practical experience in leadership but also experience an increase in their self-esteem and self-awareness.

PHYSICAL FITNESS

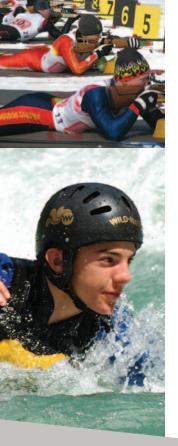
Physical Fitness is an important part of everything a cadet does, from marching in a band, to preparing a glider for take-off or climbing a mountain. Cadets learn that being healthy means they can participate fully in all activities and enjoy them more. Living sensibly, eating healthy and living an active lifestyle soon become second nature to cadets.

Cadets also learn the value of physical fitness, by participating in competitions or just playing a game for old-fashioned fun. Sporting activities such as biathlon draw on a cadet's strength and endurance to master a new challenge.

"Cadets throw you into leadership positions and teach you self-motivation.

I know myself better now and what I can do."

- former cadet Andrew Huynh



BIATHLON

A combination of cross-country skiing (or running) and marksmanship. Biathlon requires tremendous endurance and strength as well as skill and precision. Unpredictable elements including weather and wind conditions make this outdoor sport a fun and rewarding challenge that thousands of cadets participate in each year. This ever-popular program has produced many world-class athletes including Nikki Keddie and Jean-Philippe Le Guellec.

Cadet biathletes participate in a series of competitions at the local level that culminate in provincial/territorial competitions and an annual National Cadet Biathlon Championship.

MARKSMANSHIP

The cadet marksmanship program has been specifically designed for youth and is based on Olympic-style competition with an emphasis on the safe handling and care of firearms. The focus is on marksmanship as a recreational sport for boys and girls.

Throughout the year, cadets participate in a series of competitions at the local unit level that culminate in zone and provincial/territorial competitions and a National Cadet Marksmanship Championship.

MUSIC

Cadet musicians are taught by qualified military and civilian music instructors, members of the community and members of local affiliated units. Cadet bands perform in their community at events including parades and concerts in the park.

Cadet musicians can participate in:

- Brass & Reed
- Drum & Bugle
- Pipes & Drums
- Service Band
- Glockenspiel & Drums

Watch them in a performance near you.



POSITIVE SOCIAL RELATIONS FOR YOUTH

The Positive Social Relations for Youth program provides cadets and their leaders with an awareness of both their rights and responsibilities in building and maintaining positive social relations. They learn to recognize inappropriate kinds of behaviour and become aware of what actions should be taken in the event of an incident. The knowledge and skills they obtain from this program will enable them to effectively resolve conflict at the lowest possible level in all aspects of their lives.

The objectives of this program are to prepare cadets to:

- interact comfortably within the cadet community
- interact positively with others
- exercise sound judgment
- accept personal accountability for actions and choices
- deal with interpersonal conflict
- seek assistance from available resources when needed

These 6 components of the Common Programs are an integral part of what makes a cadet stand-out from his or her peers.



Royal Canadian Sea Cadets learn about the naval and maritime environment by participating in a variety of activities on and off the water.

Sea Cadets specialize in sailing, seamanship, shipboard life, naval communications, power boat handling, boat repair, and marine engineering. Selected senior cadets have the opportunity to attend international exchanges, to sail aboard a Tall Ship or participate in ship deployments aboard Canadian Navy and Coast Guard ships. Additionally, Sea Cadets can compete for a chance to participate in annual sailing regattas!

Sea Cadets also participate in ceremonial events and citizenship activities that allow them to connect to their Canadian naval heritage.

The hands-on activities, exciting challenges and leadership opportunities for Sea Cadets are many. Canada's motto, *A Mari usque ad Mare* ("From Sea to Sea") can be applied to Sea Cadets. With Sea Cadet Corps found all across the country and given Canada's abundance of water and shoreline, the opportunities are many whether inland or on either coast . You are bound to observe a Sea Cadet making a splash somewhere, from sea to sea!

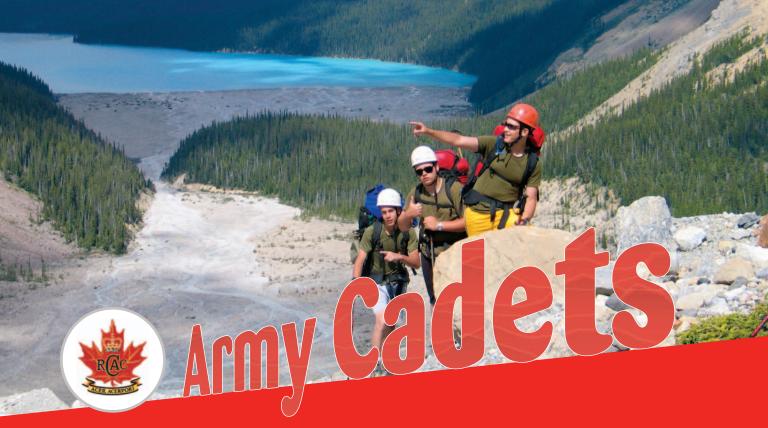
SEA CADETS

- Sailing
- Nautical activities
- Naval communications
- Team sports
- Shipboard life
- Tall Ship training
- International Exchanges and Cultural Visits

"It is an extreme rarity that a boy from the Prairies is given a chance to sail on two oceans with people of different cultures and to see many different parts of the world."

- former Sea Cadet Colin McCrae. Alberta





The Royal Canadian Army Cadets appeal to teenagers craving exciting outdoor activities where their personal limits as individuals and team-members will be tested. The hardcore outdoor-oriented will love the challenge!

Army cadets develop abilities in the use of map and compass, GPS technology, orienteering, first-aid, camping and survival skills, canoeing, abseiling, trekking, mountain biking, etc. As they get more experienced, some will be selected for parachuting, white-water rafting and glacier climbing. They will also learn to become outdoor leaders.

Army Cadets get involved in ceremonial military events and citizenship activities that allow them to connect to their Canadian heritage. They develop a great sense of pride and discipline through their involvement in a hierarchical system that allows them to hone their leadership skills as they grow older and they learn to care for younger cadets.

In addition to their specialty training, Army Cadets may become involved in other exciting activities like competitive Olympic-style marksmanship and biathlon, sports competitions, music training and competitions, cultural outings, volunteer community support, etc.

Canada represents the best playground for teenagers interested in the outdoors. We are the organization of choice for teens and adults interested in getting out of the classroom to explore the planet the way it should be.



NATIONAL AND INTERNATIONAL **EXPEDITIONS**

Every year, some of our top cadets get a chance to participate in high-level expeditions around the globe. Our destinations in the past few years included Morocco, Australia, Costa Rica, South Korea, Italy, Mont-Blanc, the France/Spain Pyrenees, New Zealand, the Canadian Rockies, the Northwest Territories, and Newfoundland and Labrador. Whatever the destination, cadets will find the ultimate challenge awaiting them!

• England

- Wales
- Scotland
- Germany
- United States of America
- Australia
- Everest
- and many more...

THE ULTIMATE CHALLENGE



Royal Canadian Air Cadets participate in a variety of fun and challenging activities. There is something for everyone – no matter what their personal interests may be. The outdoor enthusiast will appreciate learning survival skills for flight crew. The athlete will appreciate physical education and recreation, including a variety of sporting activities like biathlon and Olympic-style marksmanship. The artists will find their niche in the music program.

The curious will appreciate the hands-on activities such as building model aircraft. The scholarly will appreciate an introduction to the various tools and technologies linked to aviation. The dreamers will appreciate the evolution of technology and the advancements of the aerospace era, including the importance of Canadian participation.

Select top senior cadets may even earn the chance to represent Canada on the world stage by participating in an international exchange.

Most importantly, Air Cadets aids in developing knowledge of Canadian history and democracy. The cadet program focuses on social development, decision-making and leadership. As cadets acquire skills and knowledge, they pass it along to younger cadets.

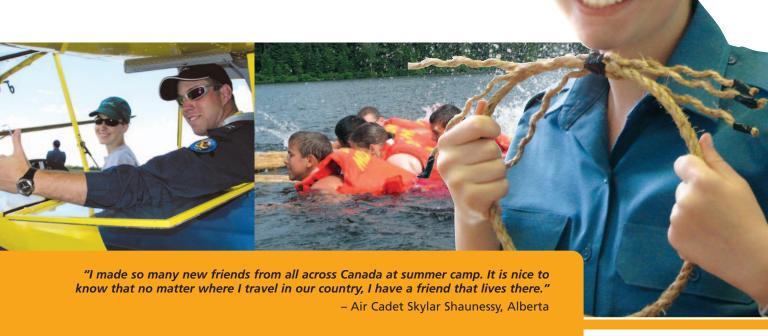
Every cadet will have the chance to participate in flight activities, and some top senior cadets may even earn a scholarship to obtain their private pilot's licence. Whether earning a glider pilot licence or private pilot licence, these cadets wear their wings with a pride rarely found in today's youth.



Summer Training

Summer training is commonly referred to as summer camp by cadets. The 24 Cadet Summer Training Centres across Canada offer a variety of exciting and dynamic training courses. Some are located in unique settings such as the Rocky Mountains of Alberta, north of 60° in Whitehorse, Yukon and the Pacific coast in Comox, British Columbia. Others offer specialized training. Saint-Jean-sur-Richelieu, Québec, for example, offers an introduction to aerospace course and the Centre of Excellence for Marksmanship in Ottawa, Ontario offers advanced training in marksmanship.

Regardless of where a cadet goes for summer training, he or she is certain to have a fun and rewarding summer. Summer training offers, for some, an opportunity to travel internationally while for others it means meeting new people from across Canada while learning.



Cadet summer training and international exchanges represent a culmination of annual corps and squadron training.

There are 24 Cadet Summer Training Centres in Canada.

Summer training is an incentive to participate in future cadet, community and Canadian Forces activities and a preparation for the following year's corps and squadron training.



Over 20,000 cadets attend summer camp every year.

Summer training and exchanges offer the highest standards of instruction and supervision while presenting a challenge to our country's future leaders.



Pride and Pageantry

Cadet musicians marching in a band with their flags flying, uniforms sparkling, drums beating and feet pounding the pavement in unison – who wouldn't be enamoured with this image of cadets?

Indeed, the public enjoys any number of performances that the Cadet Program offers, including the Naval Ceremony of the Flags, Drumhead Ceremonies, Precision Drill competitions and others.

The pomp and circumstance is irresistible. The cadets glow upon hearing the public's applause and cheers. Cadets stand a little taller, shine a little brighter and perform a little better when performing for the public. When they hear the public's praise, they know that all of their hard work, determination and practice was worth it.

WEARING A UNIFORM

Cadets take great pride in belonging to the Cadet Program. Their pride shows in their positive attitudes as they work together with others on the parade square or during a team challenge. Cadets offer advice to each other about how to get the best shine on their boots and how to overcome an obstacle on a course. Many youth "come out of their shell" and experience a sense of belonging for the first time.

RESPECTING OUR HERITAGE

Cadets and veterans enjoy a special relationship that is highlighted each year during commemorations that honour the past while remembering the contributions of veterans to Canada.Cadets participate in annual ceremonies including Remembrance Day on November 11th, Battle of the Atlantic on the first Sunday of May and the Battle of Britain in September.

Some cadet corps and squadrons participate in other activities with veterans.

"Hearing those cadets play in unison, looking so proud and making beautiful music brought a tear to my eye. I closed my eyes and just listened. I could have listened all day. It was riveting and very moving. It is a day that I will never forget."

— Vern Veinot, Royal Canadian Legion, Ontario

"During the holidays, cadets from my squadron go to the Veterans Hospital to sing carols for the Veterans. We also help decorate their rooms and halls. Talking to Veterans is one thing, but doing something to help them gives us a sense of accomplishment and I think the Veterans appreciate it."

— Flight Sergeant Amanda Jones, Ontario.





The Rewards

The Cadet Program offers many exciting opportunities to its members. Cadets work hard and earn a variety of rewards in return for their commitment, dedication and participation. Summer training, international travel, scholarships, bursaries, school credits, trophies and certificates are just a few of the many attractive rewards available to cadets.

Cadets also benefit from once-in-a-lifetime experiences such as scaling the Rocky Mountains, meeting legendary Canadian heroes and sailing around the world.

The most notable rewards of the Cadet Program can be found in the fun, challenge and friends that each cadet experiences as they progress through the Program.

Cadet Instructors Cadre

Officers belonging to the Cadet Instructors Cadre (CIC) are specially trained part-time members of the Canadian Forces Reserve who dedicate their spare time to developing the leadership, citizenship and physical fitness skills of Canadian youth who choose to belong to the Royal Canadian Sea, Army or Air Cadets. Ultimately, these officers are responsible for the "supervision, safety and administration" of the Cadet Program.

There are more than 7,800 CIC officers across Canada. Many these officers were once cadets themselves and want to give back to their country and communities

The Cadet Instructors Cadre celebrated a century of service in support of the Cadet Program on May 2, 2009.

To become a CIC officer a candidate must participate in a series of personal interviews and meet the following criteria:

- Be between the ages of 18-64 years of age
- Hold a secondary school diploma or equivalent
- Be a Canadian citizen
- Meet specific screening requirements common to organizations working with youth
- Meet specific Canadian Forces medical standards

To learn more about the Cadet Instructors Cadre please visit http://www.vcds.forces.gc.ca/cic/.

















Cadet Alumni

Former cadets make valuable contributions to Canadian society on a daily basis. Some choose to make their reputations in a field directly related to their cadet training by joining the Canadian Forces or becoming a commercial pilot. Others choose to become, for example, world-class athletes, teachers or motivational speakers. No matter what their chosen profession, many former cadets credit their success later in life to their having participated in the Cadet Program.

FORMER CADETS INCLUDE:

Mr. Phil Fontaine – President Ishkonigan Inc and retired Grand Chief of the Assembly of First Nations

George Canyon (1) – Canadian country music artist

Paul LeBlanc (2) – Academy Award winner for Best Makeup in "Amadeus" (1984)

Rob James – Pop artist from the pop rock duo McMaster and James

Chris Hadfield – Canadian astronaut

Marc Garneau – Canadian astronaut (An air cadet squadron is named after him.)

Major Maryse Carmichael (3) – First female Snowbirds pilot

Terry M. Mercer, CFRE (4) – Senator. Senator Mercer represents the province of Nova Scotia and the Senatorial Division of Northend Halifax

Afshin – Jam Nazanin (5) – Miss World Canada and first-runner up for Miss World 2003

Brian Tobin – Former Federal Industry Minister

"What cadets is really about is helping young people achieve their full potential and learning to be good citizens."

- Brian Tobin, former Federal Industry Minister and former air cadet

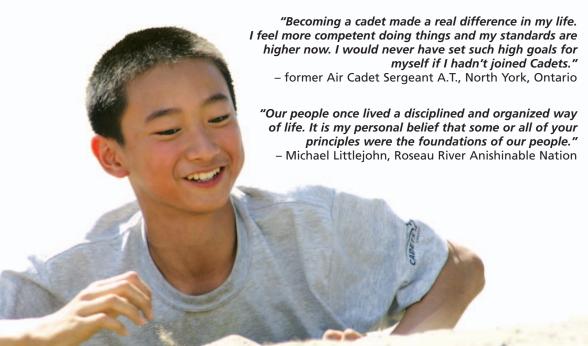
Testimonials

"The Canadian Cadet Movement is one of the best investments our country has ever made. Collectively, the Sea, Army and Air Cadet Programs enable our youth to develop the life skills that are essential to success, including leadership, teamwork, self-discipline and effective communication. They also provide unique opportunities that most youth could never experience on their own. I myself benefited from my participation in Air Cadets, and my son Michael was both a Sea Cadet and an officer in the Cadet Instructors Cadre. I know many parliamentarians, business and community leaders who started their path to success in the Cadet Program. The Cadet Program I participated in helped prepare me for my adult life and indeed laid the ground work for my continued community service."

– The Honourable Terry M. Mercer, BA., CFRE

"An important way to assist our youth is to provide outlets for their boundless energy and enthusiasm. The Cadet Program is a useful, informative and interesting conduit for our children that will give them meaningful challenges now and a bank of practical experiences for their later years."

- R.M. Culligan, former Commanding Officer, "O" Division, Royal Canadian Mounted Police







Our Partners

The Cadet Program is supported by a number of outstanding organizations:

- The Canadian Forces, through the Department of National Defence
- The Navy League of Canada
- The Army Cadet League of Canada
- The Air Cadet League of Canada

These organizations support the Cadet Program by providing for uniforms and equipment, covering travel and training expenses, providing pay for CIC officers, acquiring local corps and squadron facilities, and providing telephone and Internet service. They also arrange for the administration of awards, scholarships and bursaries for eligible cadets and cadet leaders.

The Canadian Forces and the Department of National Defence share responsibility for the Cadet Program along with their civilian partners, the Navy League of Canada, the Army Cadet League of Canada and the Air Cadet League of Canada. Each of these organizations has a multi-layered structure, with a national headquarters in Ottawa, provincial or regional offices and a presence at the local unit or community level.

For further information on our partners, please visit our website www.cadets.ca.

Cadets Canada

NEED TO KNOW MORE?



Navy League of Canada

66 Lisgar Street Ottawa, ON K2P 0C1 national@navyleague.ca 1-800-375-6289 www.navyleague.ca



Army Cadet League of Canada

66 Lisgar Street Ottawa, ON K2P 0C1 national@armycadetleague.ca 1-877-276-9223 www.armycadetleague.ca



Air Cadet League of Canada

66 Lisgar Street Ottawa, ON K2P 0C1 leaguehq@aircadetleague.ca 1-877-422-6359 www.aircadetleague.com

MAP OF CANADA WITH ALL CORPS/SQUADRONS & CADET SUMMER TRAINING CENTRES

Regional cadet instructors school

CARTE DU CANADA INDIQUANT LES CORPS DE CADETS / ESCADRONS ET LES CENTRES D'INSTRUCTION D'ÉTÉ DES CADETS

